



Young at Heart Programme

Monday

Time	Session	Venue
10am to 12noon	Line Dancing	Valenh1342.43 686.38 0.48001 19.8 ref'



Young at Heart Programme

12.30pm to 3pm	Bingo*	Barking Learning Centre
1.45pm to 3.45pm	Crafts (£1 to cover Tea & Coffee)	Valence Community Hub